

Ben Lomond Meet First Place Finishers

- Tessa Bacon**- Girls 9-10 100 M Medley Relay
Kayla Bianchi- Girls 9-10 100 M Medley Relay, Girls 9-10 50 M Back, Girls 9-10 50 M Breast, Girls 9-10 100 M Free Relay
Sophia Bianchi- Mixed 8&U 100 M Medley Relay
Elliot Brant- Boys 13-14 200 M Free Relay
Madeleine Brant- Girls 9-10 100 M Free Relay
Blake Cash- Girls 15-18 200 M Free Relay
Brooke Cash- Girls 11-12 100 M Medley Relay, Girls 11-12 50 M Free, Girls 11-12 100 M Free Relay
Jayme Cirka- Boys 8&U 100 M Free Relay
Brendan Colligan- Boys 8&U 100 M Free Relay
Chloe Colligan- Girls 13-14 200 M Medley Relay, Girls 13-14 200 M Free Relay
Luks Coy- Boys 15-18 50 M Breast
Luke Cumberland- Boys 11-12 100 M Medley Relay, Boys 11-12 50 M Free, Boys 11-12 100 M IM, Boys 11-12 100 M Free Relay
Will Cumberland- Boys 9-10 100 M Medley Relay, Boys 10&U 100 M IM, Boys 9-10 50 M Back, Boys 9-10 25 M Fly, Boys 9-10 100 M Free Relay
Danielle Cunningham- Girls 11-12 100 M Medley Relay, Girls 11-12 50 M Fly, Girls 11-12 100 M Free Relay
Hannon Daigler- Boys 15-18 100 M IM, Boys 15-18 50 M Fly
Samantha Daigler- Girls 11-12 100 M Medley Relay, Girls 11-12 100 M Free Relay
Erin Davison- Girls 8&U 100 M Free Relay
Samuel Fleshman- Boys 13-14 200 M Medley Relay, Boys 13-14 200 M Free Relay
Alex George- Boys 9-10 100 M Medley Relay
Emily Goodrich- Girls 15-18 200 M Medley Relay, Girls 15-18 50 M Free, Girls 15-18 50 M Breast, Girls 15-18 200 M Free Relay
Garrett Johnson- Boys 8&U 100 M Free Relay
Jacquelyn Katuin- Girls 15-18 200 M Medley Relay
Andrew Klein- Boys 11-12 100 M Medley Relay, Boys 11-12 100 M Free Relay
Andrew Lyman- Boys 9-10 100 M Free Relay
Sam Maranto- Boys 13-14 200 M Medley Relay, Boys 13-14 50 M Free, Boys 13-14 50 M Breast, Boys 13-14 50 M Fly, Boys 13-14 200 M Free Relay
Jessica Marquis- Girls 13-14 200 M Free Relay
Rebecca Mazur- Girls 8&U 25 M Breast
Kelli McCombs- Girls 11-12 100 M Medley Relay, Girls 11-12 100 M Free Relay
Caleb McGuire- Boys 11-12 100 M Free Relay
Coulter Morrill- Boys 11-12 100 M Medley Relay, Boys 11-12 50 M Back, Boys 11-12 50 M Fly, Boys 11-12 100 M Free Relay
Brendan Murphy- Boys 9-10 100 M Medley Relay, Boys 9-10 50 M Free, Boys 9-10 50 M Breast, Boys 9-10 100 M Free Relay
Brianna Murphy- Mixed 8&U 100 M Medley Relay
Morgan Muse- Girls 8&U 100 M Free Relay
Carli O'Donnell- Girls 8&U 100 M Free Relay
Marcus Quint- Boys 13-14 200 M Medley Relay
Hunter Ralston- Boys 9-10 100 M Medley Relay, Boys 9-10 100 M Free Relay
Morgan Remaley- Girls 13-14 200 M Medley Relay, Girls 13-14 200 M Free Relay
Abigail Robertson- Girls 15-18 200 M Medley Relay, Girls 15-18 200 M Free Relay
Megan Roloff- Mixed 8&U 100 M Medley Relay, Girls 8&U 25 M Free, Girls 8&U 25 M Back, Girls 8&U 25 M Fly
Paige Romine- Girls 9-10 100 M Medley Relay, Girls 9-10 100 M Free Relay
Riley Scott- Girls 9-10 100 M Medley Relay, Girls 9-10 100 M Free Relay
Thomas Scott- Boys 13-14 200 M Medley Relay, Boys 13-14 100 M IM, Boys 13-14 50 M Back, Boys 13-14 200 M Free Relay
Joshua Small- Boys 11-12 100 M Medley Relay
Isabelle Sowers- Girls 8&U 100 M Free Relay
Jillian Stevens- Girls 13-14 200 M Medley Relay, Girls 13-14 50 M Fly, Girls 13-14 200 M Free Relay
Amy Tansill- Girls 13-14 200 M Medley Relay, Girls 13-14 50 M Breast
Ian Tansill- Mixed 8&U 100 M Medley Relay, Boys 8&U 25 M Back
Kara Tansill- Girls 15-18 200 M Medley Relay, Girls 15-18 100 M IM, Girls 15-18 50 M Back, Girls 15-18 50 M Fly, Girls 15-18 200 M Free Relay
Mary Claire Tansill- Girls 11-12 50 M Back
Matthew Zarbatany- Boys 8&U 100 M Free Relay

Clinics 5:00 pm
 Tuesday- Rob Roy Pool- STARTS
 Thursday- Iona Sound Pool- TURNS

BRAEMAR ~ 3121
BEN LOMOND ~ 1945

Firecracker Relay Meet

The Firecracker Relay Meet will be held on July 4th at Bridlewood. Swimmers with qualifying relays will be notified. If you are unable to attend, sign out in the coaches' book ASAP. Subs will be needed, so B and C relay swimmers will be called on to swim. Do not assume your swimmer won't attend! Relays that don't have enough swimmers will be scratched since there will be no one available to sub in the day of the meet. Please check your email daily for information about this meet!

Braemar warm-ups are at 7:00 am. Please arrive by 6:45 am and check in with the coaches. The meet should be over by 11:45 am.

Important! Just like any meet, a parent is expected to volunteer in some capacity if his/her child is participating.

Directions to Bridlewood:

Take Linton Hall towards Gainesville. Take a left on Harness Shop Road and go approximately one block, and then make your first left onto Harness Shop Ct. At the end of the cul-de-sac make a left into the parking lot for the Clubhouse.

General parking is available at the Commuter Lot beside the United Methodist Church located across Linton Hall Road from the pool.

Record Breakers at Ben Lomond

Kayla Bianchi- Girls 9-10 50 Meter Breaststroke (47.78)

Hannon Daigler- Boys 15-18 50 Meter Backstroke (30.13)

Megan Roloff- Girls 8 & under 25 Meter Butterfly (19.22)

Brendan Murphy, Alex George, Will Cumberland, and Hunter Ralston- Boys 9-10 100 Meter Medley Relay (1:19.74)

Swimmers of the Ben Lomond Meet

Brett Forseth	Kayla Banks
Justin Fernandez	Taylor Guidry
Justin Gregory	Meredith Marquis
Matt Gennello	Samantha Daigler
Jacob Lahah	Chloe Colligan
Ben Cumberland	Tiffany Cryer

Swimmers of the Week

Aidan Mulhall	Julia Henry
Colin McCabe	Caroline Lewis
Ryan Keith	Brenna Gannon
Ryan Small	Brooke Cash
Nick Katuin	Aurora Lofton
Chris Twigg	Caitlyn Cameron

Upcoming Events

- July 1st- Bowling with the Coaches
- July 3rd- Community Movie Night
- July 8th- Splashdown Waterpark
- July 11th- Mom's Night Out
- July 13th- Salsarita's Fundraiser
- July 15th- Swim-A-Lap

IMPORTANT!

If you are going to miss a meet, **or if you will be leaving a meet early**, you **MUST** leave the coaches a note in the Coaches' Book, which is located in the front of the team box. The team box can be found at every practice.

Each family has a folder in the box.

Check yours often!

You must also notify the 'head' of your volunteer group if you will miss a meet.

Information about social events, meet results, and meet entries, are posted on the Braemar Blasters website.

www.braemarblasters.com

Remember! Go to **Pizza Margherita** after our Victory Lakes and Dominion Valley meets!

Ribbons are being handed out there.