

Family Relay Night

June 28, 2009

4:00 – 8:00 pm, Iona Sound Pool

Please join the team for this fun event! If your family is interested in participating, please email Anna Maranto (annamaranto@comcast.net) and let her know ASAP! Be sure to include how many family members will be swimming.

Some of the fun relays include...

- Freestyle
- Doggy paddle
- Corkscrew



Picture Day Friday, June 26th

Individual Pictures will be taken at 5:00 pm and the team picture will be taken at 6:00 pm.

Be sure to wear your team suit!
Coaches should wear their new coach shirts for the team picture.
Order forms will be put in family folders.



Let's go **BLASTERS**, you can swim faster!



**BRAEMAR
SWIMMERS, SIBLINGS
& FRIENDS
THE MAGIC PUTTING
PLACE & NATHAN'S
ICE CREAM**

WEDNESDAY, JUNE
24TH @ 4:00 pm

8902 Mathis Ave
Manassas, VA 20110
~ 703-257-7888

\$2.50 18 holes or \$4.00 for
36 holes ~ Pay at the door
(\$1.00 for kid-size cone at
Nathan's with golf receipt)



Record Breaker

Hannon Daigler
Boys 15-18 50 Meter
Backstroke
(30.78)

**Be sure to check the
website often for
information about
upcoming social
events, swim meets,
and all other
updates!**

Ben Lomond AWAY Meet June 27th

The gate to Ben Lomond's pool (Splashdown Water Park) opens at 6:00 am. Please arrive at that time. Blaster warm-ups are at 6:30. Before warm-ups, all swimmers need to check in with Tammy George and the coaches for relays.

Directions to Ben Lomond/Splashdown:

Take Sudley Manor to the end
Turn left onto Ben Lomond Park Dr.
The Waterpark will be on the right hand side of park.

Please drive through Ben Lomond Park until you reach the main parking lot.

Please enter through the gate at the end of the fence line toward the softball field. You will not be able to enter the park through the main entrance.

Chairs and shade tents are welcome – however, due to the underground sprinkler system, Ben Lomond asks that no spikes or stakes be placed into the ground for your tent or shade systems.

Swimmers and parents cannot wander around the water park- stay in the team area.

FIVE BELOW SHOPPING EVENT

**Shop between Saturday, June 27th and
Monday, June 29th &
10% of the proceeds go to the Braemar
Blasters' Swim Team!**

You must bring the invitation (available on the team website) in with you and turn it in with your receipt in order for the team to get the proceeds!

Swimmers of the Wellington Meet

| | |
|-------------------|----------------|
| Karolyn Skoby | Connor Gannon |
| Sophia Bianchi | Evan Carney |
| Caroline Gennello | Brendan Murphy |
| Pegah Zarandi | Joshua Small |
| Brittany Tran | Elliot Brant |
| Blake Cash | Alan Komisarck |

Swimmers of the Week

| | |
|---------------------|-----------------|
| Jillian Mastropaolo | Ian Spencer |
| Olivia Marquis | Garrett Johnson |
| Teagan Sowers | Andrew Lyman |
| Maggie Voetberg | T.J. Hall |
| Sabrina Poland | Thomas Scott |
| Rebecca Lloyd | Naoki Sugiura |

Upcoming Social Events

- June 24th- Magic Putting Place and Nathan's Ice Cream
- June 26th – Team Pictures
- June 27th- Pizza Margherita after the meet
- June 28th- Family Relay Night
- June 27-29th- Shop at Five Below to support the team!
- July 1st- Bowling with the Coaches

IMPORTANT!

If you are going to miss a meet, **or if you will be leaving a meet early**, you **MUST** leave the coaches a note in the Coaches' Book, which is located in the front of the team box. The team box can be found at every practice. Each family has a folder in the box. Check yours often!
You must also notify the 'head' of your volunteer group if you will miss a meet.

Parents and Swimmers:

Please do not set up chairs, towels, etc. on the pool deck during meets. The team needs all deck space as clear as possible for safety reasons, and so that swimmers, runners, and officials can move easily around the pool. It is especially important that the area behind the starter and referee, as well as the two areas where the swimmers are lined up, remain clear of congestion.

**Remember! Go to Pizza
Margherita after the meet!**