

## PWSL A-B-C Time Standards

**Background.** PWSL maintains Time Standards to act as an additional way to incentive competition in the League. Time standards apply only to individual events and will not apply to relay events. A-B-C Time Standards are reviewed annually by the PWSL Scoring Committee with a goal of achieving the following breakdown:

A - time standard - Top 20% of swimmer times

B - time standard - Next 40% of swimmer times

C - time standard - Next 40% of swimmer times

Extreme variations in a few swimmer times may be discounted so as not to skew the standards. The Scoring Committee may, from time to time, recommend changes to the standards to help keep the above balance.

### **Time Standards:**

PWSL "A" STANDARDS for 8&U					
Women				Men	
-	24.06	:	25 S Free	-	21.63
-	28.88	:	25 S Back	-	26.49
-	30.57	:	25 S Breast	-	28.00
-	27.28	:	25 S Fly	-	25.84

  

PWSL "A" STANDARDS for 9-10					
Women				Men	
-	42.60	:	50 S Free	-	41.24
-	52.70	:	50 S Back	-	52.56
-	53.47	:	50 S Breast	-	53.79
-	21.78	:	25 S Fly	-	22.04
-	1:45.35	:	100 S Medley	-	1:45.62

  

PWSL "A" STANDARDS for 11-12					
Women				Men	
-	37.61	:	50 S Free	-	37.03
-	47.05	:	50 S Back	-	46.80
-	49.00	:	50 S Breast	-	48.14
-	43.04	:	50 S Fly	-	42.00
-	1:36.21	:	100 S Medley	-	1:33.32

  

PWSL "A" STANDARDS for 13-14					
Women				Men	
-	35.07	:	50 S Free	-	31.46
-	41.00	:	50 S Back	-	40.24
-	44.29	:	50 S Breast	-	41.76
-	38.09	:	50 S Fly	-	35.62
-	1:27.97	:	100 S Medley	-	1:21.84

  

PWSL "A" STANDARDS for 15-18					
Women				Men	
-	32.93	:	50 S Free	-	28.87
-	40.05	:	50 S Back	-	37.05
-	43.44	:	50 S Breast	-	38.32
-	34.80	:	50 S Fly	-	32.14
-	1:22.88	:	100 S Medley	-	1:13.07

PWSL "B" STANDARDS for 8&U

Women						Men		
24.07	-	28.56	:	25 S Free	:	21.64	-	27.27
28.89	-	35.58	:	25 S Back	:	26.50	-	33.42
30.58	-	36.09	:	25 S Breast	:	28.00	-	31.56
27.29	-	32.06	:	25 S Fly	:	25.85	-	30.06

PWSL "B" STANDARDS for 9-10

Women						Men		
42.61	-	48.86	:	50 S Free	:	41.25	-	47.32
52.70	-	1:00.02	:	50 S Back	:	52.57	-	1:00.19
53.48	-	1:00.87	:	50 S Breast	:	53.80	-	1:01.40
21.79	-	25.11	:	25 S Fly	:	22.05	-	25.60
1:45.36	-	1:55.88	:	100 S Medley	:	1:45.63	-	1:57.55

PWSL "B" STANDARDS for 11-12

Women						Men		
37.62	-	41.69	:	50 S Free	:	37.03	-	42.68
47.05	-	52.83	:	50 S Back	:	46.81	-	54.02
49.01	-	54.66	:	50 S Breast	:	48.15	-	52.12
43.05	-	49.49	:	50 S Fly	:	42.01	-	48.75
1:36.21	-	1:46.56	:	100 S Medley	:	1:33.32	-	1:45.68

PWSL "B" STANDARDS for 13-14

Women						Men		
35.08	-	39.31	:	50 S Free	:	31.47	-	34.92
41.01	-	46.92	:	50 S Back	:	40.25	-	44.64
44.30	-	49.35	:	50 S Breast	:	41.77	-	46.69
38.09	-	42.60	:	50 S Fly	:	35.63	-	41.68
1:27.98	-	1:33.79	:	100 S Medley	:	1:21.85	-	1:32.06

PWSL "B" STANDARDS for 15-18

Women						Men		
32.94	-	36.07	:	50 S Free	:	28.88	-	31.38
40.06	-	44.63	:	50 S Back	:	37.06	-	39.78
43.45	-	47.84	:	50 S Breast	:	38.33	-	41.56
34.81	-	40.85	:	50 S Fly	:	32.15	-	35.20
1:22.89	-	1:32.13	:	100 S Medley	:	1:13.08	-	1:21.70

All times slower than listed above are considered "C" times.